MILLENNIUM *Discovery*

We Dream · We Love · We Learn · We Grow

Together We SHINE

保良局田家炳千禧小學

PO LEUNG KUK TIN KA PING
MILLENNIUM PRIMARY SCHOOL

保良局屬下小學校歌

黃友棣　曲
李景宗　詞

保　良　總　理　肩　負　重義　致　力　興　學　德　教　普　施

定　百　年　之　大　計　賴　眾　志　之　支　持　成　樹　人　之　偉　舉　奠　教　育　之　宏　基

莘　莘　學　子　雅　化　於　斯　循　循　善　誘　啟　發　天　資

人　材　輩　出　萬　載　欽　遲　人　材　輩　出　萬　載　欽　遲

School Vision

學 校 願 景

Children are nurtured. Youngsters are educated. Adults are supported to contribute. Elderly are cared for. The less fortunate are lightened with hope.

幼 有 所 育 ， 少 有 所 學 ， 壯 有 所 為 ， 老 有 所 依 ， 貧 寡 孤 困 殘 病 者 皆 有 所 望 。

Our Mission

我 們 的 使 命

Our mission is to build a welcoming, effective and inclusive learning environment focused on nurturing independent life-long learners with critical thinking skills. We strive to prepare all students to become responsible, ethical, creative and confident citizens. All staff members, in partnership with parents and families are whole-heartedly committed to creating a caring and nurturing school.

我 們 重 視 讓 學 生 按 其 能 力 及 心 智 的 發 展 ， 透 過 愉 快 和 有 效 的 學 習 ， 培 養 他 們 獨 立 思 考 、 明 辨 是 非 及 終 身 學 習 的 能 力 ， 激 發 他 們 的 創 意 及 潛 能 ， 建 立 積 極 自 信 的 人 生 觀 ， 奠 下 成 為 良 好 公 民 的 基 礎 。 我 們 本 著 互 信 互 讓 、 同 心 同 德 的 信 念 ， 和 家 長 攜 手 合 作 ， 積 極 進 取 ， 與 時 並 進 ， 建 立 理 想 的 學 習 環 境 ， 致 力 成 為 一 所 優 質 的 學 校 。

2023 - 2025

School's Major Concerns

2023至2025之關注事項

1. To continuously enhance teaching and learning; increase teaching and students' learning effectiveness.
2. To enhance school-based values education; nurture students' virtues and values.

1. 持續優化學與教，促進教學及學習效能。
2. 優化校本價值觀教育，培養學生品德修養。

MILLENNIUM Discovery

Message From the Principal 校長的話





This year is our **Year of Reflection**. Reflection, a precious tool for personal growth, allows us to pause and identify areas for improvement, and move forward. We need to think about what we did, what we learned, and how we can do better. This year, we have designed many lessons and activities around the theme of 'Reflection', aiming to guide our students in their learning journey and personal development with increased self-awareness and mindfulness. Our goal is to nurture our students to be caring, respectful, responsible, grateful, and resilient individuals. Most importantly, we want them to learn **how to reflect** on their own, so that they can keep improving every day.

Looking back at this year, the school has hosted a variety of meaningful activities , each filled with significance. I am deeply grateful as I witness the smiles on our students faces and their enthusiastic participation. I am thankful for the dedicated parents who walk alongside us, creating an environment where children can thrive in joy and love. Gratitude is also extended to our team of devoted teachers, who have come together to strive for excellence, driving the school towards continuous progress. This year, we were honored to receive the 'Outstanding School Award' from Po Leung Kuk, recognized for the collective efforts and dedication of our team across various areas.

This year, I have had the privilege of representing our school at various events, notably visiting Finland, a pioneering nation in education, to gain insights into their educational system. Sharing our school's environmental education philosophy and practices on academic platforms and imparting leadership experiences through speeches have been a source of great motivation for me. These experiences fuel my conviction that our efforts are broadening the horizons for our children.

The school's three-year development plan slogan, "**We DREAM, We LOVE, Together We SHINE**", embodies our aspirations: to make the campus a stage brimming with dreams and love, where teachers and students inspire each other and shine together! Riding on the glory of this year's award, we strive for excellence on an even higher level. Looking ahead, our new slogan is "Co-LEARN, Co-WORK, Together We CONNECT"! This signifies our outstanding team's commitment to continuous learning, collaboration, and mutual connection, ensuring the sustained excellence of our school and empowering our children to grasp the future and become leaders of the new era.

Let us move forward hand in hand, full of vigor, brimming with hope, and together create a brighter tomorrow!

今年是本校的「反思之年」。反思是成長的關鍵。它讓我們停下來，檢視自己的經歷、學習與選擇，從而做得更好。我們將這個主題融入多項課程與活動，目的是幫助每位同學成為關愛、尊重、有責任、懂得感恩、堅毅的人。更重要的是，我們希望他們學會自我反思，讓自己每天都能進步。

本年我們舉辦了多項有意義的活動。我衷心感謝家長們的全力支持，你們讓校園充滿歡樂、安全與愛，讓孩子健康成長。我亦感謝老師們的努力與團隊精神，推動學校不斷進步。今年，我們榮獲「保良局傑出學校大獎」，這見證了田千團隊的努力獲得肯定。田千不僅是一個關愛的大家庭，整個團隊更用心在各個範疇發展學校。今年，我很榮幸代表學校到芬蘭 - 一個教育先進的國家，參與學術交流，分享田千的環境教育及學校特色與辦學理念，並講述作為學校領導的經驗。這趟旅程讓我們的教育經驗得以傳揚，也為學校帶來新啟發。

學校三年發展計劃的口號是：「We DREAM, We LOVE, Together We SHINE」– 校園是夢想與關愛的舞台，老師與同學在此互相激勵、共同閃耀。滿載着今年的榮譽，我們再接再厲，未來的三年發展口號為：「Co-LEARN, Co-WORK, Together We CONNECT」。這代表我們優秀的團隊將繼續共同學習、並肩協作、緊密連繫，讓學校追求卓越，把孩子們的學習連繫未來，讓他們成為未來的主人。

讓田千團隊繼續充滿活力、滿懷希望，攜手邁向更美好的明天！



主任



非班主任老師



NET



社工

Our Professional Teams 教師團隊



一年級班主任



二年級班主任



三年級班主任



四年級班主任



五年級班主任



六年級班主任

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TKPM Highlights

24-25田千亮點



To align with our school's philosophy, the afternoon timetable features the STAR Curriculum, designed to help students achieve balanced development across five key areas: language proficiency, 21st-century skills, physical and mental well-being, moral development, and technology competence.

Every Tuesday afternoon, we offer a series of Life Education Classes for all forms. Students begin by focusing on personal growth, learning to care for themselves and interact with peers.

Senior students (P.4-6) will participate in the Jockey Club's JC Volunteer Together, cultivating future social service leaders. The program guides students to explore various social issues such as aging populations and environmental conservation, and carry out volunteer work.

Senior students will also take part in career planning courses, where they learn about their personal traits, time and money management, and prepare for decisions related to secondary school and future careers.

We have developed STEAM (Science, Technology, Engineering, Arts, and Mathematics) classes for all forms. Students can learn how to use programming and artificial intelligence to operate robotic blocks and computer applications to solve real-life problems. Through innovative experiments, students also explore scientific principles.

Under the guidance of teachers, students also engage in group activities and games using the 4F Reflection Strategy (FACTS, FEELINGS, FINDINGS, and FUTURE). This helps them develop problem-solving strategies from a young age and prepares them for future challenges.

Environmental education is another core component of the STAR Curriculum. Students engage in field studies and hands-on activities about natural resources like water and solar energy, exploring ecological sites in Hong Kong. With guidance from professionals, students also get to study insects and reptiles and even raise beetles.

Using SMART GARDEN systems, students experience both hydroponic and soil-based planting, learning about the growth needs of various plants with the support of IoT (Internet of Things) technologies. Senior form students use telescopes to study astronomy and space, gaining knowledge about Chinese aerospace technology.

To cater to students' diverse talents and interests, every Thursday afternoon, we offer the Star Arts & Sports Curriculum. This encompasses activities across the eight multiple intelligences. Students may choose according to their interests and switch activities mid-term, allowing them to explore various interests and discover their strengths.









STAR Curriculum 摘星課程

為配合學校全人發展的教育理念，時間表下午時段為「摘星課程」，讓學生在「語文能力」、「廿一世紀能力」、「身心健康」、「品德修養」及「科技運用」五個範疇都可得到均衡發展。

本年逢星期二下午課時，我們為各級學生安排一系列「生命教育課程」。學生從小一起以個人成長為切入，學習自理及認識與同伴相處。中高年級學生會參與賽馬會眾心行善「義工推廣校園夥伴計劃」，培育下一代社會服務領袖，讓學生深入認識各範疇的社會議題，並引導他們著手服務社會。高年級則進行生涯規劃課程，從課程中認識個人特質，學習時間及金錢管理，在升中及職業的困惑及選擇上作出認識及準備。

我們為各級學生安排「STEAM課程」，在科技發展日新月異下，課程教導學生利用編程及人工智能去操作機械積木及電腦應用程式，解決生活難題。亦會透過創科實驗，讓學生探究一些科學原理。

本年我們亦為學生安排「資優領袖課程」，學生在老師的帶領下，運用「4F反思」的策略(FACTS、FEELINGS、FINDINGS及FUTURE)以分組活動遊戲形式去解難及不斷反思，從而自小培養解難策略，面對將來種種挑戰。

「環境教育課程」也是摘星課程內其中一個主要課程。學生以考察及體驗方式認識各項包括水、太陽能等天然資源，並考察香港自然生態地點；還會透過外間專業機構帶領，認識不同昆蟲及兩爬動物的特性，並會飼養甲蟲。學生亦會利用SMART GARDEN體驗水耕及泥耕種植，從而認識在IOT物聯網支援下，不同植物的生長需要；高年級學生則利用望遠鏡認識太空及各項天文知識，了解中國航天科技。

此外，為照顧不同特質及興趣的學生，本校逢星期四下午課時安排了「星級體藝課程」。課程涵蓋八大多元智能，學生可按自己興趣選擇，學期中會轉換一次，培養學生多元興趣，發掘所長。

Values Education 價值觀教育及關愛校園











In order to cultivate positive values and attitudes among students, our school has established six core values. This year is the Year of Reflection. In September, we held a launching ceremony for the Year of Reflection, followed by a series of activities throughout the school year. The themes include Reflect Your Own World, Dream of Reflection, and Reflecting on Happy Fields.

Teachers and students share reflective stories during weekly assemblies, and lunchtime features the Principal MeChat, where the principal promotes the virtue of reflection through short films. Throughout the year, the school regularly plays the Song of Reflection, which is written by parents and students. Students learn about the 4F reflection (Fact, Feeling, Finding, Future) in their Love Passport and complete various small reflective tasks. The Love Stickers reward program encourages students to develop the virtue of reflection.

Our school is honored to invite veteran broadcaster Mr. Mak Yuen Sau BBS, MH to host the Year of Reflection launching ceremony. On that day, Mr. Mak shared his experiences of growth and reflection. He also performed a song for everyone.

We have also developed a Moral and Civic Education Curriculum, which includes emotional education, personal growth, core values education, and cross-curriculum whole-person development courses. Through the school-based picture book emotional education curriculum, students learn to recognize, face, express, and manage emotions, thereby increasing their emotional intelligence. The TKPM Goal Go Grow program allows students to set goals based on the core values of care, respect, and responsibility, and helps them plan, review, and reflect, fostering autonomous learning skills. Students also have a Love Journal booklet, which includes content on emotional education, personal growth, Goal Go Grow, and Me Time·We Time.

Every week, during Class Building Periods, featuring "Me Time·We Time" for teachers and students share life experiences. Class performances and competitions, B Day Big Day are held, where all staff and students come together to celebrate birthdays. Besides, initiatives like Star Profile, Welcome Letters for the new school year, and SA Support Station, enhance communication with parents.



為了培養學生正面的價值觀及態度，本校訂定了校本六大核心價值，本年度是反思之年。本校於9月舉行反思之年啟動禮，然後全學年展開了一連串反思活動，主題包括自「省」天地、「思」家夢工場及「反」轉樂田千。讓學生反思自己，反思在家庭的角色及思考找出耕耘校園幸福感的法寶。老師及學生全年在周會上分享反思小故事，午膳播放校長宣揚反思美德短片的「校長MeChat」，而學校全年於午間定期播放由家長及學生填詞的「反思之歌」。學生於Love Passport 中學習4F反思方法(Fact, Feeling, Finding, Future)，並完成不同關於反思的小任務，加上Love Stickers獎勵計劃，鼓勵學生培養反思的美德。

本校很榮幸邀請了資深廣播人麥潤壽先生BBS, MH到校主持反思之年啟動禮。當天麥潤壽先生還分享了他成長和反思的經歷。他更為大家自彈自唱，全體同學一起搖動手上寫上今年度目標的反思之雲，全場充滿熱鬧的氣氛。

另外，本校訂定校本德育及公民教育課程，包括情緒教育課程、個人成長課程、核心價值教育課程及全人發展跨學科課程。透過校本繪本情緒教育課程，讓學生能認識、面對、表達及處理情緒，從而增長情緒智慧。「田千孩子Goal Go Grow」計劃讓學生能通過訂定校本核心價值——關愛、尊重及責任感訂定目標，計劃實踐、檢討和反思，培養自主學習能力。另外，為讓學生能把個人成長點滴記錄下來，學校製作校本Love Journal小冊子，內容包涵情緒教育、個人成長、「田千孩子Goal Go Grow」及「Me Time・We Time 」，從而全面培育學生正確價值觀。

每星期設有班級經營課，特設Me Time・We Time時段讓師生分享生活點滴，舉辦班級表演及比賽提升班級凝聚力，並按月份進行B Day Big Day，全校教職員和學生一起慶祝生日，營造關愛氣氛。另設有Star Profile、開學家書及評估加油站，加強與家長溝通。



由學生設計的LOVE STICKER



















Cross-curriculum Chinese Culture Program

中華文化
跨學科課程

Our Chinese culture program encompasses cross-curriculum courses and a variety of activities, aiming to foster their national identity and enhance students' understanding and interest in Chinese culture through diverse learning experiences.

We offer the Cross-curriculum Chinese Culture Program students of P.2-5. The topics include Traditional Chinese Toys, Traditional Chinese Cuisine, Traditional Chinese Architecture, and Traditional Chinese Drama. In the future, we will expand these courses to P.1-6. This curriculum focuses on core elements of Chinese culture, integrating knowledge from various subjects, visits and activities.

本校目前在二至五年級正規課程中開展中華文化跨學科課程，課題分別是《中國傳統玩具》、《中式傳統美食》、《中式傳統房屋建築》、《中國傳統戲劇》。來未來將會開展一年級及六年級的相關課程。在本課程中以中華文化核心為主題，整合各學科等學科知識，並配以活動及參觀，讓學生從多角度理解文化主題的深層內涵。來年課程將拓展至一、六年級。







中華文化活動 Chinese Culture Activities

Serenity Haven
Serenity Haven is open during lunch breaks, allowing students to participate in a variety of Chinese cultural activities, such as paper cutting, rubbing, tea tasting, and making lacquer fans, helping to cultivate their artistic sensibilities.

芊草堂

芊草堂常年於樂動午息開放，學生可前往參與各式各樣的中華文化活動，如剪紙、拓印、品茗、製作漆扇等，陶冶學生的情操。

Chinese Culture Day and other events
During major Chinese Lunar festivals such as the Mid-Autumn Festival, Dragon Boat Festival, and Lunar New Year, the school organizes festive activities to pass on traditional culture.

中華文化日等其他大型活動

適逢中國農曆節日如中秋節、端午節、農曆新年，學校將舉辦節日活動，增加節日氣氛，在活動中傳承傳統文化。

Extracurricular Interest Classes
Our school offers various Chinese culture interest classes, including calligraphy, embroidery, and Chinese drumming, providing students with a deeper experience of the essence of the culture.

課外活動興趣班

本校提供不同的中華文化興趣班，如書法班、刺繡班、中國鼓等，學生更深度體驗文化的精髓。

Mainland Exchange Activities
We have seven sister schools in Mainland China, located in different provinces and cities. Each year, we organize multiple exchange activities, giving opportunities to students and parents of P.3-6 to explore the diverse customs and traditions of Mainland China.

豐富的內地交流活動

本校迄今為止在內地共有7間姊妹學校，分佈在不同省份及城市，本校每年舉行多項內地交流的活動，三至六年級學生及家長皆有機會前往內地探索不同的風土人情。

TKPM Highlights

24-25田千亮點












環境教育及田千遊樂園 TKPM Wonderland

TKPM Wonderland aims to optimize campus facilities and develop our STAR Tour, focusing on five key areas: language proficiency, 21st-century skills, physical and mental well-being, moral development, and technology competence. Students are encouraged to explore their surroundings and the nature, which fosters the development of multiple intelligences, aligning with our STAR Curriculum (S – SPORTS, T - Technology, A - Arts of Nature, and R - Reflection). The curriculum comprises environmental education, STEAM courses, General Studies courses, and cycling classes, designed to enhance curriculum development and improve students' 21st Century Skills, along with critical thinking regarding green environmentalism, technology competence, and physical health. Through the STAR Curriculum, students gain diverse experiences, allowing for holistic development throughout their six years at TKPM.

TKPM Wonderland features a cycling eco-trail, SMART Garden, Smart Greenhouse, Tree Hub, a variety of plants, an observatory, and a series of courses and extracurricular activities, including Earth Day, Environmental Ambassadors, and Coastal Ecology Exploration. These schemes spark students' interest in biology and conservation, helping them understand ecological cycles and learn ecological research skills. Through environmental education, students reflect on life education, enhancing their 21st Century Skills and raising their awareness of green environmentalism, technology competence and physical health.

「田千遊樂園」透過優化校園環境設施，發展學校「摘星之旅Star Tour」五大範疇內其中培養學生「廿一世紀能力」、「身心健康」、「品德修養」及「科技運用」範疇，透過學生接觸校園綠茵環境，鼓勵學生探索四周事物和大自然現象，發展學生八大多元智能，配合校本「摘星課程STAR Curriculum」：包含了(S-SPORTS運動)，(T-Technology科技)，(A-Arts of Nature自然欣賞)及(R-Reflection反思)，包括環境教育課程、STEAM課程、常識課程、體育單車課程，以促進校本課程設計和提升廿一世紀學生能力和對「綠色環保」、「科技智能」及「運動健康」各方面的批判性思考力。透過摘星課程，給予學生不同經歷，讓他們經過六年小學生活中得到全人發展。

「田千遊樂園」透過單車生態遊樂徑、SMART Garden、智能溫室、樹屋教室、校園各種植物、觀星台以及一系列課程及課後活動，包括「Earth Day」、「環保大使」、「海岸生態考察」等活動，引發學生對生物和保育的興趣，讓學生明白生態循環、認識生態研習的技巧，藉環境教育去學習及反思生命教育，提升廿一世紀學生能力和對「綠色環保」、「科技智能」及「運動健康」各方面的關注。



Chill 系列活動 Activities

To foster a culture of acceptance and care, and to enhance students' adaptability and resilience, our school has organized a series of diverse mental health promotion activities, including Chill on a Paper Plane, Chill Out and Play, Chill with Popcorn, Chill@Cinema, and Chill in Songs, etc.

During Chill with Popcorn, all students and teachers gathered to enjoy delicious popcorn while appreciating performances by fellow students, creating a wonderful time together. Local singer Sica (Ho Lok-yiu) performed several songs at Chill in Songs.

為營造接納和關愛文化，加強學生的適應力及抗逆力，本校舉辦了一系列多元化的校本及班本的精神健康推廣活動，包括「Chill想放飛」、「童」你Chill住玩、「Chill賞食爆谷」、「Chill賞睇好戲」、「Chill賞聽歌仔」等等。

學校於「Chill賞食爆谷」安排全校師生吃爆谷，一邊品嚐美味的爆谷，一邊欣賞同學的表演，共渡美好的時光。此外，「Chill賞聽歌仔」活動中，學校特別邀請了本地歌手何洛瑤(Sica)當天到校為一眾師生表演了多首歌曲，更與大家進行互動遊戲，同學均非常投入。



















Go Speak Campaign

Our school offers a variety of engaging activities designed to create an immersive English-rich environment. This initiative is called the Go Speak Campaign, and it features a range of fun and interactive experiences aimed at encouraging students to speak English confidently while enjoying themselves.

The Go Speak Campaign includes:

Joyful Recess – Exciting speaking activities during recess

Joyful Lunch – Native English Teachers (NETs) dining with students and engaging in conversations

Spelling Challenge – Fun activities to practice and enhance spelling skills

English Fun Room – Interactive board and card games with NETs to promote English usage

Competitions – Participating in EDB English competitions

Festive Events – Halloween and Christmas celebrations with games and activities

These activities help foster a lively, supportive environment where students can naturally practice English and develop a genuine love for the language.

Literary Walk
文學散步

In the school year 2023-2024, our Chinese department participated in the Education Bureau's (EDB) Seed Project. We designed a literary curriculum for P.6 students, which includes a literary walk activity. The aim is to allow students to savor the beauty of words, step outside the classroom, learn about the history of the Tai Po. Students will read essays and poetry about Tai Po and take walks to the Hong Kong Railway Museum, Fu Shin Street Market, and Tai Ming Lane Square, experiencing the connection between writers, their works, and the places they describe.

本校中文科於23/24年度參加教育局的「種籽計劃」，為六年級學生設計文學課程，安排文學散步活動，旨在讓學生細味文字，走出課室，學習大埔區的歷史，感受大埔情。學生閱讀大埔的散文詩詞，到香港鐵路博物館、富善街街市和大埔大明里廣場進行散步，現場感受作家和作品與地方的連繫。



富善街街市



大明里廣場



香港鐵路博物館

English Fun Day
2025

What an incredible English Fun Day! This year's theme was 'reflection,' and it was woven into every activity. Our students explored this idea through exciting game booths designed to make them think and look inward. We also celebrated their amazing writing talents, with students reflecting on their work to select their proudest pieces for a special showcase. The day was topped off with a fantastic video compilation of our students' diverse English skills. A huge round of applause for everyone who participated and made this event so memorable!



Mr Lee guiding students



Wall of Reflection



Students Voting

Maths Day
數學日



This year, the theme of our Maths Day is The Journey of the Math King, where students engage in competitions, games, and hands-on activities to learn mathematical concepts while having fun.
In the activity Exploring Past and Present, students participated in maths-related activities tied to Chinese culture, such as tangrams, symmetrical paper cutting, and maths riddles. This allowed them to appreciate traditional Chinese cultural activities while also learning maths, achieving two goals at once.

今年數學日的主題是「數王成長之旅」，同學通過比賽、遊戲、手工等活動，進行運算，學習數學相關知識，寓學習於娛樂。
在「博覽古今」的活動中，學生進行了與中華文化相關的數學活動，如七巧板、對稱剪紙、數學燈謎等，學生既能認識中國傳統文化活動，又能學習數學知識，一舉兩得。



STEAM Gallery



The STEAM Gallery is conducted using the 3Ps approach (Project-Based Learning, Problem-Based Learning, Proactive Learning) to reinforce students' knowledge in STEAM. Additionally, the activity utilizes scientific methods for exploration, guiding students to look into natural phenomena or objects related to their daily lives. This fosters students' curiosity, and innovative thinking, while also enhancing their ability to solve problems independently.

STEAM Gallery活動是以3Ps (Project-Based Learning, Problem-Based Learning, Proactive Learning)的學習導向進行，藉此鞏固學生在STEAM方面的知識。另外，活動通過運用科學的方法進行探究，引導學生探究與日常生活相關的自然現象或事物，培養學生的好奇心、探究精神與創新思維，並提升學生的自主解難能力。



Bookaholic Day



Bookaholic Day was held at TKPM, featuring a series of activities that allowed students to learn about the entertainment and lifestyle of people in the past. The aim was to inspire them to discover interesting things in their everyday life and to learn to appreciate them. We also invited Ms. Leung Nga Yee, the author of Childhood Without a Mobile Phone, to our school. Her lively sharing was like a journey back to old Hong Kong, making it a very enjoyable experience for the students.

田千舉行閱讀越樂開卷日，透過一系列的活動，讓同學認識舊時人們的生活娛樂，希望能多發掘生活中有趣的事物，並學會珍惜。田千更特別邀請了《沒有手機的童年》作者梁雅怡小姐到校，作者生動的分享，彷彿帶領同學們回到以前的香港，非常有趣。



聚精匯神

P.4 - P.6 四至六年級教育營 Education Camp



全神貫注



一飛沖天



The P.4 Life Skill Training Camp was held at Chinese Y.M.C.A. Wu Kai Sha Youth Village from 20th to 21st March 2025. During this two-day, one-night camp, filled with warm laughter and unforgettable memories, students developed self-care skills, teamwork, and compassion.

四年級生活訓練營於2025年3月20-21日在烏溪沙青年新村舉行，學生在這兩日一夜訓練出自理、團隊合作及關愛精神，而且滿載著溫馨的笑聲及難忘的回憶。

校長探營大合照



The P.5 Education Camp took place at Hong Kong Baptist University. Students participated in a three-day, two-night program focused on developing self-discipline. Through activities such as team-building exercises and outdoor cooking, students fostered teamwork and made many wonderful memories with their classmates.

五年級學生在香港浸會園進行了三日兩夜的教育營，訓練自律守規。學生亦透過團隊紮作、原野烹飪等活動發揮團隊合作，與同學製造了許多美好的回憶。

完成製作羅馬炮架



一起燒烤



我是神射手



同一屋簷下



The P.6 students participated in a three-day, two-night graduation camp at Hong Kong Playground Association Jockey Club Silvermine Bay Camp. Through activities such as sandcastle competitions, archery, and orientation in Mui Wo, students learned how to work as a team and take good care of themselves, while enjoying a wonderful time with their fellow schoolmates.

六年級學生在香港賽馬會銀礦灣營進行了三日兩夜的畢業營，透過堆沙比賽、攻防箭、梅窩定向等活動讓學生明白團隊合作的精神，同時訓練學生自理能力，在畢業之前一同締造美好回憶。

設計理想中的校園



運動會 Joint-School Sports Day

16th January 2025, marked the annual Po Leung Kuk Joint-School Sports Day (Tai Po District). It was co-hosted with Po Leung Kuk Tin Ka Ping Primary School. Both the athletes and the cheerleaders in the stands were fully engaged and enjoying the events. Three records were broken this year, with Chen Chun Yu from TKPM 4D breaking an 11-year-old long jump record with a jump of 3.51 meters. We were also honored to have Mr. Choi Lung Tak, a member of the Hong Kong Basketball Team, as our guest of honor, who delivered an inspiring speech that greatly benefited the students.

2025年1月16日是本校和保良局田家炳小學一年一度舉行的保良局大埔區小學聯合運動會，當天天清氣爽，比賽的同學們和看台上的啦啦隊，都非常投入及享受比賽。是次運動會一共刷生了三個大會紀錄，當中田千4D班陳俊宇同學在跳遠以3.51米打破了塵封11年的紀錄，真的可喜可賀。本年亦很榮幸邀請香港籃球代表隊成員蔡龍德先生蒞臨主禮並致勉辭，令同學獲益良多。

分秒必爭



主禮嘉賓合照



運動的樂趣



薪火相傳



用盡全力，做到最好



勝利笑容



水運會 16th TKPM Swimming Gala

The 16th TKPM Swimming Gala was a great success with an atmosphere of both tension and enthusiasm. All students put in great effort to cheer for the athletes. Students of P.1-6 (a total of 202 contestants) participated in freestyle, breaststroke, backstroke, and butterfly races over distances of 25 meters, 50 meters, and 100 meters. They showed significant improvement in their writing skills, making the competition fierce.

第十六屆田千水運會已經順利舉行，當天比賽氣氛既緊張又熱烈，各同學均落力為運動員打氣。今屆水運會中，一至六年級男女同學均積極參與，參賽人次為202人，同學分別參加25米、50米及100米之自由式、蛙式、背泳及蝶式比賽。同學的游泳技術亦日漸提昇，比賽競爭激烈。

三四年級獲獎女同學



公開組獲獎男同學



同學們準備出賽



MILLENNIUM Discovery

Schools Alliance 幼小同盟活動



集誦隊於「保良幼小慶團圓」參與演出



GLAMPING



幼稚園學生到本校參與「Star Show」，鼓聲響遍整個禮堂



超過100位家長出席幼小聯校家長座談會

Po Leung Kuk Kindergartens-Primary Schools Alliance

Po Leung Kuk has launched the Kindergartens-Primary Schools Alliance to strengthen the connection between affiliated primary schools and kindergartens. This year, the school organized various activities for young children, including the Joyful Sports Carnival, Glamping, TKPM Adventure Day. These activities allowed kindergarten students and their parents to enjoy primary school resources and understand campus life early on. The events were diverse and well-received by parents.

幼小同盟

保良局推出「幼小同盟」政策，以加強小學與幼稚園的連繫。本年度學校舉辦了多項幼小活動，如Sports Carnival、Glamping、「田千歷奇日」等，讓幼稚園學生及家長提早享用小學的資源以及了解小學的校園生活，深受家長的歡迎。



英語拼圖遊戲



Phonics fun with Nets聽故事



平衡車體驗

STAR Tour@TKPM

In addition to arranging campus tours for parents to learn about primary school life, we have designed a series of fun experience activities, such as junior librarians, mini rugby and balance bike experiences. These activities allow young children to experience the diverse learning opportunities at TKPM.

STAR Tour@TKPM

本校經常邀請不同的幼稚園家長到田千遊覽校園，幼兒們參與多元化的學生體驗活動，如小小圖書管理員，小型欖球及平衡車等。



一起按指令玩phonics遊戲



玩尋寶遊戲



到溫室探索

Phonics Fun with Nets

This program aims to enhance kindergarten students' understanding of English phonics and stimulate their interest in learning through plays.

Phonics fun with Nets

幼兒們來到本校體驗一連串的英語活動及遊戲，提升學生對英語語音的認識。









小一摘星之旅 P.1 STAR Tour

To help new P.1 students adapt to primary school life and integrate into the TKPM family, we organized the P.1 STAR Tour - a series of introductory courses from July to September. Through various activities, P.1 students were able to familiarize themselves with the new school life, embarking on a brand new star journey.

為了讓準小一學生順利銜接小學生活及盡快投入田千大家庭，學校於七月至九月舉辦了一連串有關「小一摘星之旅」初體驗課程，讓小朋友透過各種的活動去認識學校，體驗課堂及學校生活，讓他們開展一個全新的摘星旅程。







小一百日宴 P.1 100-Day Celebration

To celebrate the 100th day of joining the TKPM family, our school held a special P.1 100-Day Celebration on 5th December, allowing students and parents to joyfully commemorate this milestone. The School Hall was beautifully decorated with birthday-themed decorations, and students wore birthday hats as they took the stage to perform and receive blessings from the Principal, Class Teachers, and parents. The atmosphere of the event was very lively, with everyone fully engaged. We all look forward to seeing the P.1 students enjoy a fulfilling and happy primary school life in the days to come.

為慶祝小一新生加入田千大家庭100日，本校於12月5日特意舉辦了「小一百日宴」與同學和家長一起歡渡「百日之喜」。當日禮堂佈置了滿滿的生日裝飾，同學們都載著生日帽上台表演及接受校長、班主任和家長的祝福。當天活動氣氛非常熱鬧，大家都十分投入，期待各位小一同學在未來日子能在田千享受充實又快樂的小學生涯。

MILLENNIUM Discovery

The core values for the school year 2025-2026 is Unity and Filial Piety. We hope to cultivate the belief in Progressing Together in Unity, Bonding Through Filial Love among our students. Our aim is to help students develop virtues of mutual assistance, cooperation, and support. We encourage everyone to leverage their strengths, respect each other's opinions and contributions, and share both the joys of success and the challenges of hardships together.
Additionally, we aspire for students to show filial piety towards their parents, strengthening family bonds and promoting harmony within the family. This spirit of unity should extend to society, encouraging individuals to care for and respect the elderly around them, thereby fostering a culture of mutual assistance within the community.

學校下年度的核心價值主題為「團結」及「孝親」，希望可以培養學生「團結共進，孝心凝聚」的信念。期望學生能和諧共處，培養互相幫助，互相合作，互相支持的美好品德，讓大家能夠發揮各自的優勢，尊重每人的意見和貢獻，並共同分享成功的喜悅和挑戰的艱辛。同時，亦期望學生能孝順父母，增進家庭成員之間的感情，促進家庭的和諧，也延伸到社會，鼓勵人們關心和尊重周圍的長者，促進社會的互助精神。

Year of Unity

團結之年



The alien Tutu, representing unity, wields a magical candle. The flame of the magical candle symbolizes the love and support of our parents, illuminating our path to growth and guiding us forward. This flame also represents the strength of unity, gathering our energy to face the challenges ahead together.

代表團結的外星小生物Tutu，手上的法寶是魔法蠟燭。
魔法蠟燭的火光如父母之恩，照亮我們成長的道路，引領前行；
火光亦是團結之力，匯聚力量面對眼前挑戰。

Entrepreneurial Program

未來領袖課程



According to the World Economic Forum's Future of Jobs Report 2025, various regions are affected by technological development, geopolitical uncertainties, demographic changes, and green transitions. Our school is fortunate to be the first primary school in Hong Kong to participate in the Hong Kong Baptist University's virtual learning platform program aimed at Cultivating Students' Entrepreneurial and Innovative Spirit and Enhancing Sense of Belonging in the Greater Bay Area.

For senior forms, we are implementing an Entrepreneurial Program focused on preparing students for the changing world. This program fosters students' entrepreneurial and innovative abilities from a young age through interdisciplinary project-based learning. It aims to develop essential qualities for future leaders, including social responsibility, empathy, financial literacy, and time management skills.

根據世界經濟論壇2025未來工作報告，各地均受科技變革、地緣經濟不確定性、人口結構變遷及綠色轉型等情況影響，本校有幸成為全港首間小學參與香港教育大學「培養學生的開拓與創新精神和增強大灣區歸屬感」虛擬學習平台計劃，在高年級推行Entrepreneurial Program，就着世界未來變更，從小培養學生開拓與創新能力，透過學生跨學科專題研習，培養未來領袖所具備之要素、社會責任、同理心、理財及時間管理技巧。





Students' Awards and Achievements 學生獎項

比賽名稱（學術及其他）	所獲獎項
香港學校戲劇節	傑出合作獎 傑出演員獎 傑出舞台效果獎
2023年粵港澳姊妹學校中華經典美文誦讀比賽(廣州賽區)	第二名
心繫家國 雲遊中國名勝古蹟虛擬實景設計比賽	最受歡迎設計獎
GAPSK兒歌唐詩精英大賽	(P5-P6)冠軍、亞軍、季軍、優異 (P3-P4) 季軍、卓越、優異
GAPSK第54屆普通話朗誦比賽	(P5-P6) 亞軍、季軍、卓越 (P3-P4) 卓越、優異
童你說故事_故事寫作比賽	第一組(P1-P2) 第一名、第二名、第三名 第二組(P3-P4) 第二名、第三名 第三組(P5-P6) 第一名、第二名、第三名
第四屆國際漢語節 非母語組初小組(6-7歲)	硬筆書法(鉛筆，自選15個單字) 季軍、冠軍
母語初小組(6-7歲)	國畫/油畫/水彩畫創作 季軍 四格漫畫創作 冠軍 硬筆字書法 優良獎
非母語中小組(8-9歲)	硬筆字書法(鉛筆，自選20字左右的句子) 冠軍、季軍、優良獎
母語中小組(8-9歲)	硬筆字書法(鉛筆，自選一首五言絕句) 季軍 四格漫畫創作 亞軍、冠軍 中文寫作 季軍 中文古詩獨誦(自選一首古詩) 季軍 繞口令 (自選一首繞口令) 亞軍 拼音聲母韻母認讀 (大會指定材料) 亞軍 四格漫畫創作 冠軍 硬筆字書法 (鉛筆，自選一首五言絕句) 冠軍

比賽名稱（學術及其他）	所獲獎項
第四屆國際漢語節 母語中小組(8-9歲)	中文寫作 (150-300 字，題材不限) 亞軍 四格漫畫創作 冠軍 中文現代詩獨誦 (自選一首現代詩) 亞軍 繞口令 (自選一首繞口令) 冠軍 獨舞 (任何形式的舞蹈) 季軍 繞口令 (自選一首繞口令) 季軍 獨舞 (任何形式的舞蹈) 亞軍 拼音聲母韻母認讀 (大會指定材料) 季軍 中文現代詩獨誦 (自選一首現代詩) 冠軍 中文講故事 (題材不限，限時 1-3 分鐘) 季軍 繞口令 (自選一首繞口令) 亞軍 童歌演唱 (自選一首童歌) 優良獎 獨舞 (任何形式的舞蹈) 優良獎
母語組高小組 (10-11 歲)	中文古詩獨誦 (自選一首古詩) 亞軍 現代散文獨誦 (自選一篇散文) 季軍 單人配音 (題材不限，限時 1-3 分鐘) 亞軍 中文寫作 (300-500 字，題材不限) 優良獎 中文現代詩獨誦 (自選一首現代詩) 冠軍 國畫/油畫/水彩畫創作 (題材不限) 季軍 硬筆字書法 (鉛筆，自選一首五言絕句) 季軍 素描 (題材不限) 優良獎 現代散文獨誦 (自選一篇散文) 冠軍 中文古詩獨誦 (自選一首古詩) 亞軍 繞口令 (自選一首繞口令) 冠軍 中文現代詩獨誦 (自選一首現代詩) 亞軍 中文古詩獨誦 (自選一首古詩) 冠軍 童歌演唱 (自選一首童歌) 亞軍 硬筆字書法 (鉛筆，自選一首五言絕句) 季軍 硬筆字書法 (鉛筆，自選一首五言絕句) 冠軍 硬筆字書法 (鉛筆，自選一首五言絕句) 優良獎 中文寫作 (300-500 字，題材不限) 冠軍 硬筆字書法 (鉛筆，自選一首五言絕句) 亞軍 中文現代詩集誦 (10 人以上，自選一首現代詩) 冠軍

比賽名稱（學術及其他）	所獲獎項
第四屆國際漢語節 母語組初中組 (12-15 歲)	中文古詩獨誦 (自選一首古詩) 亞軍 繞口令 (自選一首繞口令) 亞軍 拼音聲母韻母認讀 (大會指定材料) 冠軍 硬筆字書法 (圓珠筆，自選一首七言絕句) 亞軍 中文現代詩獨誦 (自選一首現代詩) 季軍 拼音字詞句段直讀 (大會指定材料，母語高小初中組) 冠軍 國畫/油畫/水彩畫創作 (題材不限) 季軍 現代散文獨誦 (自選一篇散文) 優良獎 繞口令 (自選一首繞口令) 季軍 中文現代詩獨誦 (自選一首現代詩) 亞軍 中文古詩獨誦 (自選一首古詩) 季軍 現代散文獨誦 (自選一篇散文) 冠軍 四格漫畫創作 (字數不限，題材不限) 冠軍 現代散文獨誦 (自選一篇散文) 亞軍 繞口令 (自選一首繞口令) 冠軍 拼音聲母韻母認讀 (大會指定材料) 亞軍 中文寫作 (400-800 字，題材不限) 亞軍
第76屆校際音樂節	分級鋼琴獨奏-五級 冠軍
2024香港小學數學精英選拔賽	個人賽數學競賽 二等獎、三等獎 個人賽計算競賽 二等獎 個人賽總成績 二等獎
GAPSK小學語文推廣計劃-普通話領袖生獎勵計劃	優異 銅獎 銀獎
See You In London-International Youth Painting	Gold Award
International Youth Art Exhibition	Individual Art Award
34.Interational Children Art Competition2022	Sliver Medal
世界兒童藝術大師賽	金獎
2023年粵港澳姊妹學校中華經典美文誦讀比賽(廣州賽區)	第二名

比賽名稱（學術及其他）	所獲獎項
Cambridge YLE Flyers	15盾滿分
童你說故事 故事演講比賽	優異獎
童你說故事 故事寫作比賽	第三名 第二名 第一名
GAPSK兒歌唐詩精英大賽	優異 卓越 季軍
GAPSK第54屆普通話朗誦比賽	優異 卓越
首屆情繫中華香港青少年作文暨朗誦大賽	優異獎 三等獎 二等獎 一等獎
我愛我的祖國-金紫荊盃香港校際作文暨普通話朗誦大賽	小學組優異獎
第七屆STEM香港小學生大獎賽	創思創新思維獎 優異獎
第二十屆中英文現場作文比賽	小六中文特級優異獎
第77屆校際音樂節	小學中級組(E32) 銅獎獎狀
全港青少年數學挑戰賽2025	團體賽優異獎 個人賽銅獎
2025「華夏盃」全國數學奧林匹克邀請賽(香港賽區)初賽	一年級組二等獎、三等獎 二年級組二等獎、三等獎 四年級組二等獎 五年級組三等獎
2025「華夏盃」全國數學奧林匹克邀請賽(華南賽區)晉級賽	一年級組三等獎、二年級組三等獎 四年級組三等獎、五年級組三等獎

比賽名稱（學術及其他）	所獲獎項
2025「華夏盃」全國數學奧林匹克邀請賽全國總決賽	一年級組三等獎、二年級組三等獎 四年級組二等獎
2025亞洲國際數學奧林匹克公開賽(AIMO OPEN)初賽	一年級組銅獎 四年級組銀獎
2025亞洲國際數學奧林匹克公開賽(AIMO OPEN)晉級賽	四年級組銀獎
第十三屆Asia Kids Talent兒童及青少年跳舞比賽	獨舞P.3至P.4組冠軍 獨舞P.3至P.4組亞軍 獨舞P.5至P.6組冠軍 獨舞P.5至P.6組亞軍 獨舞P.5至P.6組金獎 獨舞P.5至P.6組銀獎 二至三人舞P.3至P.4組金獎
香港跆拳道品勢全港賽	色帶組-冠軍
第27屆全港小學區際田徑比賽	男子丙組60米殿軍
3rd The World Dancer Show dance Competition	DUO-Gold、Solo-Gold Distinction Group-Gold
2025粵港澳學生舞蹈比賽	小學組群舞 金獎 小學組三人舞 冠軍
第60屆學校舞蹈節錄影模式比賽-校園健康舞	甲等獎
中國香港籃球總會2425大埔區小學校際籃球比賽	男子組優異獎
大埔區文藝協進會大埔區第43屆校際舞蹈比賽	高小組金獎
中國香港學界體育聯會大埔區小學分會大埔區小學校際田徑賽	男子丙組60米亞軍 男子甲組100米季軍 女子乙組100米殿軍 女子甲組200米殿軍
中銀全港小學分區劍擊比賽	大埔及北區女子甲組花劍季軍 大埔及北區男子甲組佩劍季軍 大埔及北區男子乙組重劍冠軍 大埔及北區男子丙組花劍季軍 大埔及北區女子丙組花劍季軍 大埔及北區女重子丙組劍冠軍、季軍 大埔及北區女子乙組佩劍冠軍、亞軍

Outstanding PLK School Award

保良局傑出學校獎



Po Leung Kuk Tin Ka Ping Millennium Primary School is dedicated to building its school brand, emphasizing a values-based educational philosophy. The school has independently developed distinctive school-based language teaching materials, which have gained recognition and support from parents both within and outside the district. Over the past three years, the number of Primary One applicants has consistently exceeded twice the number of available places.

This year, the school has implemented a new timetable, with afternoon sessions featuring the STAR Curriculum, which covers a variety of learning experiences, including environmental education, life education, and gifted leadership education. Through activities such as smart planting, volunteer service, and cross-curriculum project-based learning, students are encouraged to make good use of their learning time and flexibly apply their knowledge.

To enhance campus facilities, the school has successfully applied for external and government funds, creating the TKPM Wonderland. One highlight includes receiving a Quality Education Fund (QE Fund) of HKD 1.84 million to transform a farmland area and a computer room into the SMART Garden and a STAR LAB, respectively, providing students with a decent learning environment.

The students from TKPM have achieved outstanding results in various competitions. For example, over two consecutive years, they have won 66 international championships in different categories—including calligraphy, Chinese painting, and Chinese dance—at the International Chinese Language Festival.

The school frequently shares its educational experiences with the wider community. The Principal has been invited multiple times by The Education University of Hong Kong to share insights in programs for mid-level leaders and vice principals. The school has also been awarded the Caring School Award and the Outstanding Caring School Award multiple times. This year, the school is further honored with the Joyful School – Outstanding School Award, reflecting its high regard in the education field. Additionally, the school serves as the lead school for Po Leung Kuk's English Language Teachers Professional Learning Community, regularly organizing professional development activities for teachers from affiliated schools and contributing to the advancement of teacher professionalism.

田家炳千禧小學致力塑造學校品牌，著重以價值為本的教育理念，並自行設計具特色的校本語文教材，深受區內外家長認同及支持。過去三年，報讀小一人數均超過該階段提供的學額兩倍。

今年學校推行新時間表，下午課節涵蓋不同學習經歷的「摘星課程」，包含環境教育、生命教育、資優領袖教育等範疇。學生透過智能種植、義工服務、跨學科專題研習等學習經歷，讓學生善用學時，並靈活運用所學知識。

為完善建設校園設施，學校多次成功申請外間及局方資源，打造「田千遊樂園」，其中包括獲「優質教育基金」撥款共184萬元，將農地及電腦室分別改建為智能溫室(SMART Garden)及STAR LAB，為學生提供更優質的學習環境。

本校學生於不同規模的比賽屢獲殊榮，包括連續兩年在國際漢語節多個組別，如書法、國畫、中國舞蹈等組別囊括66項國際性冠軍，成績斐然。

田千不時向外界分享教育經驗，校長多次應香港教育大學邀請，於中層領導及副校長課程分享教育經驗。學校亦多次獲頒發「關愛校園榮譽」及「卓越關愛校園大獎」，而本年更獲「樂繫校園」傑出學校大獎，可見備受外界推崇。學校亦為保良局英文課教師專業學習社群負責學校，持續為屬校老師舉辦專業發展活動，為教師專業發展作出貢獻。



集誦表演抑揚頓挫震撼心靈



粵劇表演有板有眼



STAR Dancer展現活躍舞步



西方舞本年囊括多項個舞蹈獎項

TKPM STAR Show

TKPM STAR Show provides students with opportunities to showcase their learning, enhance their self-confidence, and develop courage. It fosters a sense of belonging and allows parents to appreciate their children's talents.

The STAR Show features diverse performances, including Chinese drums, Cantonese opera, Western dance, STAR Dancer, English drama, taekwondo, bands, choirs, choral speaking, and rope skipping , with over twenty performance groups. Our school also invited students from Po Leung Kuk Tang Pik Wan Memorial Kindergarten, Tai Po Baptist Kindergarten (Wan Tau Tong Estate Branch), and Mink Anglo-Chinese Kindergarten to perform. The grand finale featured Principal Chan Po Ling leading the choir in singing Song of Reflection.

The audience was not only captivated by the performances but also actively participated in voting for their Favorite Performance Group using their mobile phones. One lucky voter was drawn and received a commemorative gift.

After the show, a group photo was taken with over 200 participants to capture the precious moment with all our talented students.

陳寶玲校長帶領合唱團合唱



花式跳繩表演精彩絕倫



最受觀眾喜愛的樂器班同學



每位司儀都口才了得



English Drama榮獲校際戲劇節獎項





跆拳道表演精彩絕倫

大合照盡顯田千精英的實力

舉辦TKPM STAR Show能讓學生有機會展示所學、增強自信心及鍛煉膽識，培養對學校的歸屬感及凝聚力，更讓家長欣賞子女及田千學生的才藝。
STAR Show表演項目多元化，包括中國鼓、粵劇、西方舞、Star Dancer、English Drama、跆拳道、樂團、合唱團、集誦、花式跳繩等，表演隊伍多達二十多隊。本校更邀請保良局鄧碧雲紀念幼稚園、大埔浸信會幼稚園(運頭塘分校)及明雅中英文幼稚園同學表演。壓軸表演由陳寶玲校長帶領合唱團合唱【反思之歌】。
現場觀眾當晚除了陶醉於表演當中外，更積極參與手機投選【我最喜愛的表演隊伍】。其中一位被抽中的投選幸運兒更獲得紀念禮物一份。
最後更來一張以校長、嘉賓、老師和一眾表演生共200多人的大合照，以見證田千盡顯精英的實力。

田千摘星之旅

尤淑蕙 曲
陳寶玲校長 詞
林立衡 編

Vivace ♩= 162 **A**

4

快 樂 常 伴 這 星 星， 歡 欣 同 樂 與 你 共 鳴。

9

我 願 同 步 看 風 景， 但 願 亦 能 共 見 證。 努 力 齊 摘 這 顆 星，

15

手 牽 手 靠 緊 愛 友 共 情。 以 後 同 用 這 顆 星， 心 知 心 誰 做 帶 領。

B

mp

We love to be a shi-ning star, al - ways shine in the star - ry sky. You love to be a car-ing star,

C

27

we have lov - ing hearts and care for o - thers. *p* *mf* 但 願 共 挽 手

32

— 走 出 這 遍 地， 你 我 再 創 新— 跨 出 新 的 世 紀，— 思 考 共

37

f

同 面 對 這 創 世 紀！ 踏 步 面 向 新— 的 天 與 地， 我 與 各 位 師

42

— 長 欣 喜 同 希，— 願 情 共 愛 再 多 走 千— 里！ 隨 年 月

47

3

你 我 共 成 長— 的 印 記！

年度之歌 - 反思之歌

保良局田家炳千禧小學2024-2025

作曲：HelenLauHL
填詞：1A鄭可靜及家長

♩= 120 Swing! ♫ = ♩³♪

正歌

d r m d | l, t, d s,
勇 敢 的 我 | 無 懼 向 前

3 r m f r | d t, d r
有 一 些 錯 | 也 沒 要 緊

5 d r m d | l, t, d m | f m
但 我 知 道 | 憑 著 決 心 | 必 須

7 r t, d r m d | 副歌 d f s
積 極 面 對 挑 戰 | 凡 事 要

9 l l | s f s s | f m
反 思 多 作 思 | 考 縱 遇
(要 反 思) | (願 你 可)

11 f f | m r m f s | f s
挫 折 我 仍 未 退 縮 | 要 再
(無 懼 怕)

13 l l | s f s s | f m
反 思 衝 破 框 框 | 我 願
(要 反 思) | (願 你 可)

15 f m r m | 1. d | d f s | 2. d
努 力 去 改 進 | 凡 事 要 進

MILLENNIUM Discovery

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